



# Alfred Montessori School

## Getting to Know You Packet

**Child's Name:** \_\_\_\_\_

**-How would you best describe your child's personality?**

**-What are your child's likes?**

**-What are some of your child's preferred activities at home?**

**-Please describe your child's behavior when frustrated, angry, or sad.**

**-What helps your child feel secure and safe?**

**-What are some strategies you use at home with your child to help them calm down?**

## **Sleep**

**-What are your child's sleep patterns/routines? (Bed time, wake time, sleeping through the night, etc)**

**-Does your child nap? If so, please share typical nap times for your child.**

**-What is your child's temperament upon waking up?**

## **Eating Habits**

**-Please describe your child's eating habits**

**-While at school do you think your child will eat most, some, or little of the food that you provide?**

**-Does your child have any allergies?**

**-Are there any food restrictions for your child?**

## **Your Family**

**-Members of your family & what your child calls them:**

**-Any pets?**

**-What are important values to your family?**

**-Are there any important cultural values you would like us to know about your family?**

**-What holidays does your family celebrate?**

**-Would you be willing to come into AMS to share your family culture?**

**-What are your goals and expectations for your time spent at Alfred Montessori School?**

**-Do you have any concerns for your child or family that you would like to discuss with the teacher or Director?**

**-What will be your child's attendance days and times at AMS be? (Ex: M-F 8:30-4:00)**

**Best email to reach both parents?**

**Thank you so much for sharing this valuable information with us!**